

## Geriatrics

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## Bidet Toilet Attachments and Bathing Tips:

Resistance to bathing is extremely common for people with dementia for a variety of reasons. At some point it may be more comfortable for them to avoid showering and switch to sponge baths. You can use the below suggestions instead of showering or getting into a bath.

- Use a warm washcloth for hands and face, guide with their hands to allow them to do one their own if possible.
- Rub a warm wet washcloth over hair and head to clean hair.
- Provide foot care with a warm soak, keep nails trimmed.
- Use a bidet device to keep the peri area clean. Below are some examples including a simple bottle device which can be filled with warm water. Dry area after rinsing.
- Tooth care: hand tooth brush to them with small amount of tooth paste, guide their hand to their mouth. If they are no longer able to spit out toothpaste, switch to baking soda based, fluoride free toothpaste.

#1



LUXE Bidet Neo 120 - Self Cleaning Nozzle - Fresh Water Non-Electric Mechanical Bidet Toilet...

★★★★☆ 28,648  
\$34.99 - \$59.82

#3



Veken Non-Electric Bidet, Self Cleaning Dual Nozzle (Bidet/Feminine Wash) Bidet for Toilet,...

★★★★☆ 7,175  
\$25.49 - \$35.99

#25



RinseWorks - Aquabus 360 Patented Hand Held Bidet Sprayer - NSF cUPC Certified for Legal...

★★★★☆ 2,631  
\$59.95 - \$86.49

#6



LUXE Bidet Neo 320 - Self Cleaning Dual Nozzle - Hot and Cold Water Non-Electric Mechanical...

★★★★☆ 10,728  
\$49.91 - \$89.95

#8



Bidet Attachment - SAMODRA Non-electric Cold Water Bidet Toilet Seat Attachment with...

★★★★☆ 4,030  
\$39.91 - \$45.99

#23



2PCS Portable Bidets- 12oz Peri Bottle for Postpartum Perineal Care- Baby Travel Bathing...

★★★★☆ 1,011  
\$13.99 - \$38.99