

# February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	4
5	6	7 Adult Bereavement Book Group 5:30 - 7 pm (VIRTUAL DROP IN)	8 Adult Support Group (FULL), 5:30 - 7 pm	9	10	11
12	13	14	15 Adult Support Group (FULL), 5:30 - 7 pm	16	17 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	18
19	20	21	22 Adult Support Group (FULL), 5:30 - 7 pm	23	24	25
26	27	28 Adult Expressive Bereavement Arts Group, 5 - 6:30 pm (VIRTUAL DROP IN)				