

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 The Garden, 2 - 4 pm, In-person	5	6	7 Adult Bereavement Group, 5:30 - 7 pm (FULL)	8	9	10
11	12	13	14 Adult Bereavement Group, 5:30 - 7 pm (FULL)	15	16 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	17
18	19	20	21 Adult Bereavement Group, 5:30 - 7 pm (FULL)	22	23 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	24
25	26	27 Adult Expressive Bereavement Arts Group, 5 - 6:30 pm (VIRTUAL DROP IN)	28 Adult Bereavement Group, 5:30 - 7 pm (FULL)	29	30	31

The Adult Walking Group will be meeting at Child's Park, Northampton

